

Atlanta Center for Eating Disorders Dining Out/Grocery Outing Policies for Participants Under 18

During the course of your child's/loved one's treatment at ACE, s/he may participate in one or more Dining Out Meal Groups or a Grocery Store Outing. These groups are led by either a nutritionist or a therapist and take place at a local restaurant or other location the group chooses. The purpose of these outings are to help increase comfort with menu selection and eating in a restaurant setting as well as grocery shopping.

In the event your child or loved one is under 18 and it is recommended or anticipated that s/he will participate in any of these types of outings, ACE requires a parent or guardian's written consent to participate. Please use the attached permission slip and have it returned to ACE no later than the afternoon of the anticipated outing.

Additionally, **ACE requires that a parent/guardian arrange transportation to and from ACE and the location of the Dining Out Meal Group.** You will be given the location, directions, and any other information you need in advance of the group. Please do not hesitate to call either ACE or the therapist/nutritionist leading the group with any questions or concerns. **Please be advised that your child/loved one will not be permitted to ride with or transport other group members regardless of age.**

Patient Name: _____

- I have been told of the outing and am aware of the date, time and location of the outing.
- I give my permission for my child/loved one to participate in Dining Out Meal Group(s)/Grocery Store Outing(s).
- I understand that it is my responsibility to arrange transportation for my child/loved one and I have made such arrangements. I am also aware that my child cannot transport other group members and cannot be transported by another group member.**

Parent/Guardian signature

Date