

Intake Date: _____

2009 ACE Program Schedule

updated 07/20/2009

Patient: _____ Case Mgr: _____ Start Date/Revised: _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
10:30am-12:00noon						* Transition Group or * Women's Process Group		
12:30-1:00pm	** Relaxation Therapy	** Relaxation Therapy	** Relaxation Therapy	** Relaxation Therapy		11:30 am-12:30 pm * Children's Group		
1:00-2:00 pm	* Meal Process Group	* Meal Process Group	* Meal Process Group	* Meal Process Group	12:00-1:30 pm *Lunch Outing Group	12:00-1:00 pm *Meal Process Group		
2:15-3:45 pm	* Recovery Skills Group	* Recovery Skills Group	* Positive Focus Group	* Recovery Skills Group	1:30-3:00 pm * Friends and Family Weekend Planning Group	1:00 pm-2:30 pm * Self-Care Group		
3:45-4:00 pm	Snack Break	Snack Break	Snack Break	Snack Break	<div style="border: 2px solid black; padding: 10px;"> <p style="text-align: center;">ACE Individual Therapy \$100- \$150 \$85 - \$135 Family / Couples Therapy \$100-\$150</p> <p style="text-align: center;">Page Love, MS, RD/LD, Nutritionist 770-457-1457 BILL THROUGH PRIVATE OFFICE</p> <p style="text-align: center;">Molly McCollough, RD/LD, Nutritionist 770-458-8711 to schedule appointment ext 0 \$45 - \$90</p> <p style="text-align: center;">Meal Coaching & Connection Group interview Meg Mc Leroy, LMFT 770-458-8711 ext 217 \$135</p> <p style="text-align: center;">New Patient Orientation Workshop Offered every Saturday \$130 9 am – 11 am (sign up in front office at time of intake or within first week of program)</p> <p style="text-align: center;">Jennifer Reid – Program Coordinator 770-458-8711 ext 208 UNDECIDED / PENDING</p> </div>			
4:00-5:30 pm	* Body Acceptance Group	* Anxiety Group or	* Nutrition Group or	* Art Therapy Group or				
		* Behavior Therapy Group	* Experiential Yoga Group	* Mindfulness Skills Group				
5:30-5:45 pm	Meal Prep	Meal Prep	Meal Prep	Meal Prep				
5:45-6:30 pm	* Meal Process Group	* Meal Process Group or * Mindful Eating Meal Process Group	* Meal Process Group	* Meal Process Group				
6:30-6:45pm	Clean Up	Clean Up	Clean Up	Clean Up				
6:45-8:15 pm	* Emotions Management Group or *Transition Group **Family Support Group	* Connections Group \$ or * Self-Expression Group	* Cognitive Therapy Group or * Women's Process Group	* THRIVE Group or * Experiential Group				

* ALL GROUPS ARE \$65 PER GROUP UNLESS OTHERWISE NOTED ** NO CHARGE \$ REQUIRES PRE-GROUP INTERVIEW \$